

## UNIT AFFILIATION PROFORMA

Unit Title .....

Unit Address .....

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MAJOR UNIT		MINOR UNIT	
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### UNIT BOXING OFFICER

Rank ..... Name .....

Tel ..... Email .....

### UNIT BOXING FORECAST

This unit expects to take part in the following boxing competitions or events;

COMPETITION	YES / NO	DATE
Army Boxing Development Boxing Championships		
Army Individual Boxing Championships		
Inter Company Boxing		
Charity Boxing Night		

### COACHES

This unit has the following qualified boxing coaches on unit strength

SERVICE NUMBER	RANK	NAME	QUAL HELD	REG NO	Season last registered

### OFFICIALS

The Army BA would appreciate notification of any qualified Boxing Official on Unit strength.

### EQUIPMENT HELD

### BOXING RING .

MANUFACTURER/ SUPPLIER (If known)	
DATE OF PURCHASE (if known)	

**SERVICABILITY OF THE BOXING RING AND BOXING EQUIPMENT**

The Boxing ring held has a platform that is a minimum of 100cm off the ground (Competition Rings only – Training Rings for Sparring must conform to all points below).

The platform must be safely constructed, level and free from any obstructing projection. It must be fitted with four corner posts with four corner pads in order to prevent injury to the boxers

The floor must be covered with felt, rubber or other suitably approved material that is soft quality and elasticity. It must not be less than 1.5cm and no more than 2.0cm.

The canvas must cover the entire platform and must be made of non-slippery material.

The ring must include four separate ropes on each side of the corner posts. They must be 4cm thick.

The heights of the four ropes must be 40cm, 70cm, 100cm, and 130cm from the canvas.

The four ropes must be joined on each side of the ring, at equal intervals, by two (2) pieces of material (close to the texture of the canvas) 3 to 4cm wide. The two pieces must not slide along the rope.

The tension of the ropes is to be appropriate. (Provide support to a defending boxer).

***All Rings are to be sited with a minimum of 2m clearance from the platform to any obstacle.***

The Boxing Gloves and Head Guards are checked regularly for serviceability (tears, rips, damage to padding and cleanliness)

The Boxing Bags and Pads are checked regularly for serviceability (tears, damage to padding, damage to chains or fixings)

Signature of Health and Safety Officer.....

Print Name .....

Signature of Level 2 Coach or RAPTCI .....

Print Name and appointment.....

**Boxing Officer Declaration**

I RANK AND NAME of UNIT TITLE understand fully my responsibilities as Boxing Officer as detailed in Section 3 of the Army Boxing Handbook 2017/18.

Signature .....