

## TIMEKEEPERS BOUT REFERENCE LOG

First action required	Second action required	Third action required
Announce <b>“Seconds out”</b> <b>“FIRST ROUND”</b> Ring bell	10 secs before the end of the round, strike the <b>Gavel 3 times</b> <b>Concentrate on bout</b> <b>Count down seconds in head</b> Ring bell to end the round	10 secs before the start of the next round, Strike the <b>Gavel 3 times</b> Call <b>“Seconds out”</b> at 10 seconds stage Ring bell to start the round

**BOUT NUMBER .....**

**RED**

**V**

**BLUE**

Round Number	Tick once round is completed  √	* Loss of Consciousness		* Low Blow			* Time boxer is out of ring	
		Time stopped in round	Total time unconscious for MO	Hit gavel 3 times for 1 <sup>st</sup> 30 secs	Hit gavel 3 times for 2 <sup>nd</sup> 30 secs	Hit gavel 3 times for 3 <sup>rd</sup> 30 secs 90 secs total rest	Round knocked out of ring	Time spent out of ring  Max of 30 seconds given
1		:	:					:
2		:	:					:
3		:	:					:
4		:	:					:

**Competition .....**

**Signature .....**

**Date .....**

To be filed with Referee and Supervisors report